

## Dr. Gogate's Eye Clinic

### **Dos and Don'ts before surgery**

1. Inform the doctor about all your past and present illnesses, though you may think of it as irrelevant and not connected to the eye disorder. Specifically include problems like ear discharge, decayed teeth, cough, asthma, burning during urination, and sticky discharge from either of your eyes, any boil on your body, diabetes, blood pressure, heart problem and any past surgery.
2. Inform about any allergies, specifically to drugs, that you may have.
3. Confirm the date and the timing of your surgery with the doctor.
4. Have a head bath one day prior to the surgery. You may not be given permission to have a head bath for some days after the surgery.
5. You will be required to stay in the hospital for about seven to eight hours.
6. Bring all your reports and the medicines that you are regularly taking (including those not connected with eye surgery) with you, while getting admitted to the hospital.
7. Confirm about any variation to be made in the schedule of your regular medicines, on or before the day of the surgery.
8. In case there are no instructions, DO NOT change the schedule on your own. For example, if you do not take your regular medicine for high blood pressure, the blood pressure may increase during surgery.
9. On the day of surgery, have some light breakfast two hours prior to the surgery. Take the antibiotic tablet that is started two days earlier.
10. Wear freshly washed clean and loose clothes on the day of the surgery. Get a change of clothes with you.
11. At least one of your responsible relatives should accompany you and should remain in the hospital till you come out of the operation theatre. Avoid having too many relatives with you DO NOT bring children to the hospital.
12. Feel free to ask all your queries to the doctor, however trivial they may appear to be.